

The Association of Recovery Schools

... Leading Recovery Schools



Association of Recovery Schools

StepUP Students Present at JMATE

Higher education is seeking solutions to the problem of binge drinking and addiction disorders on campuses, all the while searching for strategies to move young adults into recovery. Augsburg College is a private liberal arts college in Minneapolis Minnesota with a day student population of about 1,700 students. Over the last 8 years the college has worked to build a community of recovering students on the campus to meet the needs stated above. The StepUP Program serves students with 6 months time clean and sober.

80% of StepUP students have maintained abstinence while in the program. To date about one of every 16 students of 1,700 (106) are associated with StepUP. Most come to the school because of the large recovering community, or have graduated from StepUP program and choose to remain at the school to complete their education.

The StepUP Program works with approximately 55 students per year within the program

and provides an additional shadow program of alumni (on and off campus), and support to other recovering students on campus. The StepUP program is being assessed through SAMSHA appropriations funding to investigate the long-term impact of youth served and to explore the relevance of a recovering communities on college campuses.

Recently, students and staff associated with the StepUP program presented some early findings of this study to the Joint Meeting on Adolescent Treatment Effectiveness (JMATE). Topics discussed included the overall components of the program and leadership in the development of the StepUP contract. Also discussed was the formation of the three branches of StepUP government, and the need for a true and mature partnership between staff and students through student facilitation in all branches of program government.

Along with speaking about the governmental aspect of the StepUP program, the students formed a panel to discuss recovery support, issues of age and early recovery in a college setting, the issues of stepping up to leadership, and getting ready to move into professional life.

For more information about this presentation or the StepUP Program, contact:

Patrice Salmeri or David Hadden
(612) 330-1405



Inside this issue:

StepUP Students Present at JMATE	1
5th Annual Conference of ARS	1
ARS Mission Statement	2
Full Conference Schedule	2-3
Pre-Conference Information	3
ARS Vision Statement	4
Profiles in ARS	4

5th Annual Conference of ARS

This year marks the 5th Annual Conference of the Association of Recovery Schools. This national conference is being hosted by Texas Tech University in Lubbock, TX on July 27-29, 2006.

The inaugural conference of the association was held in Washington, D.C. in 2001 and was attended by fewer than half of the participants attending last year's confer-

ence in Minneapolis, MN at Augsburg College. It is anticipated that over 100 participants from across the country will attend this year's events.

The conference has moved between collegiate members of the association including Augsburg College, Rutgers University, and Texas Tech University. Next years events are schedule to occur at Case

Western Reserve University in Russell, OH.

This year's conference will feature breakout sessions and keynote speakers targeting both high school and college/university recovery programming. The ARS has been successful in securing federal funding for its annual conference. This year funding comes from the Center for Substance Abuse Prevention.

(for more information see pg 2-3)

5th Annual Association of Recovery Schools Conference

PATHWAYS TO COMMUNITY

Recovery and Education



July 27-29, 2006

Hosted by the

Center for the Study of Addiction and Recovery

Texas Tech University Lubbock, Texas

Sponsored by Center for Substance Abuse Prevention (CSAP)

Division of Substance Abuse and Mental Health Services Administration (SAMHSA)



Mission

The Association of Recovery Schools (ARS) advocates for the promotion, strengthening, and expansion of secondary and post-secondary programs designed for students committed to achieving success in both education and recovery.

ARS exists to support such schools which, as components of the recovery continuum of care, enroll students committed to being abstinent from alcohol and other drugs and working a program of recovery.

For more information please visit their website at:

www.recoveryschools.org/

Recovery and Education

Pre-Conference**Thursday July 27th**

*United Spirit Arena at
Texas Tech University*

9:00 am - 12:00 noon

If you are **NEW** to the recovery school movement, **NEW** to the Association of Recovery Schools (ARS) and/or a **FIRST-TIME** ARS conference attendee then join us for ARS Pre-Conference! The power packed pre-conference is designed to enlighten and engage you on the scope of the problem, solutions, personal experiences and how ARS can help you!

Lunch on your Own

For more information Please contact:

Kelly West -
kelly.west@ttu.edu

Kendra Stokes -
kendra.r.stokes@ttu.edu

806-742-2891

HELLO
my name is

Conference Schedule

Thursday July 27th

2:00 - 5:00 pm

Welcome & Opening Keynote

Tom Hill

Changing Paradigm of the Recovery Movement

6:00 - 9:00 pm

Opening Night Reception and Dinner

American Wind Power Museum

Friday July 28th

United Spirit Arena at Texas Tech University

7:30 - 8:15 am

Breakfast

***** All Addiction open 12 step meeting

8:30 - 10:00 am Breakout Sessions

10:00 -10:30 am Morning Break

10:30 am - 12:00 noon Breakout Sessions

12:00 noon- 1:30 pm Keynote & Lunch

Beverly Watts Davis

1:45 pm - 3:15 pm Breakout Sessions

3:15- 3:30 pm Afternoon Break

3:30 - 5:00pm Breakout Sessions

6:00 - 9:00 pm BANQUET

1950's Sock Hop *Buddy Holly Center*

Saturday July 29th

United Spirit Arena at Texas Tech University

7:30 - 8:15 am Breakfast

***** All Addiction open 12 step meeting

8:30 - 10:00 am Breakout Sessions

10:00 -10:30 am Morning Break

10:30 am - 12:00 noon Breakout Sessions

12:00 noon- 1:30 pm

Lunch & Closing Keynote—**Wendi Fox**

2:00 pm **ARS Voting Meeting**



Housing Options

Lubbock Inn \$59.00/night

Hawthorn Suites \$ 99.00 or \$119.00/night

On Campus Housing:

- Single Room \$35.28/night

- Double Room \$14.35/person/night

Travel Options

Southwest Airlines

American Airlines

Continental Airlines



... Leading Recovery Schools

PO Box 128576
Nashville, TN 37212P
Phone: 615-248-8206
Fax: 615-248-8762
www.recoveryschools.org

WE'RE ON THE WEB
www.recoveryschools.org

What is ARS Vision for the Future?

- ◆ All secondary and post-secondary students will have access to a recovery high school or a collegiate recovery community.
- ◆ The standards of academic and recovery practices for recovery schools are identified and implemented.
- ◆ All eligible recovery schools will be members of the ARS.
- ◆ Recovery schools will be seen as a valued, necessary, and adequately funded part of both the education and treatment systems.
- ◆ ARS will operate as a financially viable and autonomous organization.

Profiles in ARS: Andrew J. Finch, Ph.D.

Many credit the formation of the Association of Recovery Schools to the ideas and vision of Andy Finch, Ph.D., the current Executive Director of the organization. With financial support from the Center for Substance Abuse Treatment, Dr. Finch brought together administrators and educators working in the recovery school field, many of whom had no idea that other recovery schools were even in existence.

From this meeting, the Association of Recovery Schools was created with Finch at the helm of the organization for the past five years. Since that initial meeting, Dr. Finch has helped the organization grow to a 30 member organization of high school and college/university recovery programs. The ARS has recently obtained individual 501(c)3 status and is in the process of appointing

a Board of Directors to assist Finch in oversight of the organization.

Since 2001, Finch has also continued his professional development. Dr. Finch earned his Ph.D. from Vanderbilt University's Department of Leadership, Policy, and Organizations, with an emphasis on secondary school administration. His dissertation was a case study of a recovery high school titled, *A Sense of Place at Recovery High School: Boundary Permeability and Student Recovery Support*. Finch is a National Certified Counselor (NCC) and a licensed professional school counselor in the state of Tennessee.

Finch is currently working on a collaborative project with D. Paul Moberg of the University of Wisconsin's Population Health Institute. This project,

funded by NIDA, is designed to provide descriptive analysis of different recovery school models being used at the high school level across the United States.

Finch resides in Nashville, TN with his wife, Deb, and their two sons. He recently accepted a position with Vanderbilt University as a Lecturer and Research Associate in the Department of Human and Organizational Development where he plans to continue his research interests in adolescent addiction and recovery, counseling and human development, and school-community partnerships.



Andrew J. Finch, Ph.D.
Executive Director
Association of Recovery Schools