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Recovery as a Prevention Technology on the College Campus

ORGANIZATIONAL PARTICIPANTS: Texas Tech, Rutgers, and Augsburg

ABSTRACT:

Experts in prevention technology have identified promising approaches for reducing high-risk use of alcohol and other drugs on campus. Development of comprehensive collegewide efforts, which include the coordination of campus law enforcement, prevention, and intervention, are suggested as most beneficial to the campus. Within these strategies an additional college campus program has been implemented to address the issue of addiction and recovery. These programs are reaching abstinence rates approaching 90% and above for students who are working to resolve addiction issues. As these programs develop they are reflective of the same strategies and concepts such as the development of social norms that support goals for a recovering community that are found within the prevention technology embraced by [The Higher Education Center for Alcohol and Other Drug Prevention](#). We will share lessons learned, evaluation of our programs and potential for replication of such programs.

GOALS:

- Participants will be able to identify common environmental strategies used within three college communities that provide services and support to high-risk student populations with alcohol and other drug dependencies working to seek and maintain recovery.
- Participants will be able to apply development of advocacy services, peer leadership and the development of safe communities for recovering students within the college environment as a mirror image of prevention theory technology.
- Participants will be able to discuss how recovery and the recovery movement provide an end point and resolution to the process of addiction and how risk and protective factors are a byproduct of early research on resilience/recovery.

Carl Andersen, Ph.D., is Director of the Center for the Study of Addiction, Texas Tech University. He founded the Center in 1986 to give support for recovering alcoholics and other addicts in pursuit of a baccalaureate degree. The Center provides a wide range of support services for recovering persons, including full tuition scholarships. Over 1,000 recovering

persons from across the United States have come through the program, with 79% graduating, and fewer than 5% relapsing.

David Hadden, M.A LISW, LADC, Assistant Director, StepUP. David has worked for the past 23 years as a school social worker, drug counselor and teacher. Most recently as the Educational Vocational Liaison for Hazelden Center for Youth and Families.

Lisa Laitman M.S.ED, CADAC, Director of the Alcohol and Other Drug Assistance Program (ADAPS) Rutgers University. Lisa developed the ADAPS in 1983 and is a part of the Rutgers University Health Service. The ADAPS provides alcohol/drug/nicotine counseling, recovery support groups, intervention with high-risk students, and has provided recovery housing for 13 years.

Don Warren, M.A. Don began his teaching career at the University of Minnesota, where he taught English for 17 years before accepting a position as Director of Academic Enrichment at Augsburg College. While Director, Don founded the Center for Learning and Adaptive Student Services, the first program to support college students with learning and physical disabilities in the Midwest. In 1997, Don founded the StepUP Program, to offer students in recovery from addiction the support they require to succeed in college.