



IHR: Product Information

SUBSTANCE ABUSE TREATMENT

1. Guide to the Detoxification of Alcohol and Other Drug Dependent Pregnant Women [1995]
A guide which provides a collection of medical and treatment protocols from detoxification programs around the country expert in the care and treatment of pregnant women.
2. Substance Abusing Women and the Courts: A Model for Judicial Training [1995]
A booklet which provides a model for training judges, attorneys, and other court personnel in the issues faced by substance abusing women who are court-involved.
3. Working With Alcohol And Other Drug Abusing Women and Their Families: A Handbook for Caregivers [1995]
A handbook which provides a wealth of basic information crucial to understanding issues of women and families affected by substance abuse, including definitions of commonly used medical, perinatal, treatment and child development terms, opportunities to explore staff attitudes, and tips for access to treatment resources.
4. Starting Here, Starting Now: A Systems Model for Treating Alcohol and Drug Abusing Pregnant and Parenting Women [1995]
A guide to implementing a systems model for treatment, which includes staff training and other exploration internal to treatment programs, and also provides information on building systems collaboration for comprehensive programming at a state agency and policy level.
5. Opening Doors: A Guide to Residential Substance Abuse Treatment for Pregnant and Parenting Women and Their Children [1995]
A manual provides a comprehensive guide for the provision of substance abuse treatment for women within a long-term residential setting. Protocols and forms used by several programs, which have operated for many years, are included for reference.
6. A Pre-Vocational Handbook for Women in Treatment [2002]
A curriculum which will assist integration of work-related skills/tasks into substance abuse treatment as clients prepare for eventual economic self-sufficiency. It can be implemented by non-vocational specialists.

TRAUMA INTEGRATION AND TREATMENT

7. WELL Project Training Curriculum for Providers: Developing Integrated Services for Women with Substance Abuse, Mental Illness and Trauma. [2001]
This manual contains the content and handouts for 11 training modules that can be used separately or in any combination to familiarize service providers with the needs and issues presented by women with co-occurring substance abuse and mental health disorders and trauma.

Supporting Family Recovery since 1989

8. WELL Recovery [2001]

This manual is intended for consumers who wish to establish peer-run mutual help groups specifically for women in recovery from substance abuse, mental illness and trauma.

9. Developing Trauma Informed Organizations: A Tool Kit [2002]

The Tool Kit was developed by the WELL Project State Leadership Council and includes: Principles for trauma-informed treatment of women with co-occurring mental health and substance abuse disorders, self-assessment for provider organizations, organizational assessment (for non-service providing organizations) and instructions for using the assessments to provide trauma-informed, integrated care

10. Proceedings: Offering Safe Choices: New England Conference on Integrating Services for Substance Abuse, Domestic Violence, and Mental Health [2005]

A 187-page book provides information about the planning and implementation of a 2-day regional conference which took place in April of 2005. Also included is a Summary of Proceedings, the content of each presentation throughout the conference, as well as additional documents contributed by presenters about providing integrated care to consumers of mental health, domestic violence, and substance abuse services.

TOBACCO

11. Making Connections: A Guide for Working With Women's Organizations on Tobacco Issues [2002]

A guide which includes a discussion on how tobacco control and cessation programs can assist women and girls' organizations in addressing tobacco issues. Also provided are case examples, focus group results, and strategies/lessons learned in working with women's organizations.

PARENTING & CHILDREN

12. Can I Bring The Kids? A Guide to the Development of Child Care for Outpatient Substance Abuse Treatment Settings [1995]

A guide which includes a discussion of the issues inherent in treating caretaking parents at outpatient substance abuse facilities. Also provided are tips for the development of on site childcare based on the Massachusetts experience.

13. Fostering Effective Parenting Skills and Healthy Child Development within Residential Substance Abuse Treatment Settings [1995]

Report presenting the findings on the impact of implementing a parenting component in two urban residential treatment programs in Massachusetts for 170 pregnant and parenting chemically-dependent women. The report stems from a four year CSAT Demonstration Project for the Coalition on Addiction, Pregnancy and Parenting (CAPP) located in Cambridge, MA, which has since been renamed the Institute for Health and Recovery (IHR).

14. Engagement Tips for Working with Families with Substance Use Disorders [2007]

These TIPS are a series of suggestions for increasing child safety, well-being and permanency by working with parents who are having problems with alcohol and/or other drugs, including general information about substance use disorders, how to approach and engage a parent who may have substance abuse problems and relevant cultural considerations. An attached Resource Directory contains information about many resources throughout Massachusetts for individuals and families affected by substance use, co-occurring disorders, and trauma.

15. Nurturing Program For Families In Substance Abuse Treatment And Recovery [2nd edition, 2006]

The 2nd edition of the original Nurturing Program (originally developed and published in 1996) and includes the integration of information on trauma and mental illness, as well as substance abuse. It is a psycho-educational, 17 session, group-based parenting curriculum, and specifically addresses the impact of these experiences on parents and children. The curriculum has been recommended by the U.S. Center for Substance Abuse Prevention as a science-based family strengthening program.
16. Family Activities to Nurture Parents and Children [1996]

Easy to read book describes playful, creative activities for parents and children to enjoy together. The activities are designed for children 2-12 years, and use inexpensive materials. A guide identifies activities' age range appeal, capacity to energize or calm, and supervisory level needed
17. Building Family Recovery [1999]

A psycho-educational, group-based program for families, based on the Nurturing Program (above) who have experienced separation and disruption as a result of parental substance abuse. This program is aimed at supporting families in getting to know one another again, in a new, sober lifestyle. Particular attention is paid to the needs of school age children.
18. Nurturing Families Affected by Substance Abuse, Mental Illness and Trauma [2001]

An adaptation of the Nurturing Program for Families in Substance Abuse Treatment and Recovery designed to address the needs of families affected by substance abuse, mental illness and trauma. This curriculum includes three modules that can be used separately or in conjunction: two one-on-one mentoring sessions, 14 psycho educational group sessions for parents and four parent-child activity sessions.
19. The Nurturing Program for Families in Substance Abuse Treatment and Recovery/11 Week Adapted Edition [2002]

An 11-week adapted version of the curriculum which focuses on concrete parenting skills as well as cultural issues and considerations.
20. Informational DVD: The Nurturing Program for Families in Substance Abuse Treatment and Recovery [2002]

A 15-minute video which provides a concise and informative description of the curriculum. The video can be used to provide an overview of the program to potential participants or facilitators.
21. Alcohol Screening Assessment in Pregnancy: The ASAP Curriculum [2004]

A compilation of resources, research and training materials will give prenatal care practices tools for alcohol, tobacco, and other drug screening, and strategies for normalizing the conversation with pregnant women around substance use.
22. Parent Time: Supporting Yourself and Your Child

Parent Time is designed to enhance parents' ability to help their children, whether the children are in treatment, have completed treatment, or are still actively using alcohol or other drugs. This 8-session curriculum includes information about substance use disorders and treatment, adolescent development, relapse, resources for parents and guidance for parents in caring for themselves and supporting their teen. It also includes modules and activities aimed at strengthening relationships.

	ITEM	Unit Cost	Quantity	Shipping for first item (\$1.50 for ea. add'l item)	Total Incl. shipping
1.	A Guide to the Detoxification of Alcohol and Other Drug Dependent Pregnant Women	\$35		\$5	
2.	Substance Abusing Women and the Courts: A Model for Judicial Training	\$7		\$3	
3.	Working with Alcohol and Other Drug Abusing Women and Their Families: A Handbook for Caregivers	\$20		\$5	
4.	Starting Here, Starting Now: A Systems Model for Treating Alcohol and Drug Abusing Pregnant and Parenting Women	\$15		\$5	
5.	Opening Doors: A Guide to Residential Substance Abuse Treatment for Pregnant and Parenting Women and Their Children	\$25		\$5	
6.	A Pre-Vocational Handbook for Women in Treatment	\$35		\$5	
7.	W.E.L.L. Project Training Curriculum For Providers: Developing Integrated Services for Women with Substance Abuse, Mental Illness and Trauma	\$25		\$5	
8.	W.E.L.L. Recovery	\$10		\$3	
9.	Developing Trauma-Informed Organizations: A Tool-Kit	\$5		\$3	
10.	Offering Safe Choices: New England Conference on Integrating Services for Substance Abuse, Domestic Violence, and Mental Health: Proceeding	\$30		\$5	
11.	Making Connections: A Guide for Working With Women's Organizations on Tobacco Issues	\$15		\$5	
12.	Can I Bring The Kids? A Guide to the Development of Child Care for Outpatient Substance Abuse Treatment Settings	\$12		\$5	
13.	Fostering Effective Parenting Skills and Healthy Child Development within Residential Substance Abuse Treatment Settings	\$10		\$5	
14.	Engagement Tips for Working with Families with Substance Use Disorders [2007]	\$10		\$3	
15.	Nurturing Program For Families In Substance Abuse Treatment And Recovery [2 nd edition]	\$35		\$5	
16.	Family Activities to Nurture Parents and Children	\$13		\$5	
17.	Building Family Recovery	\$20		\$5	
18.	Nurturing Families Affected by Substance Abuse, Mental Illness and Trauma	\$35		\$5	
19.	The Nurturing Program for Families in Substance Abuse Treatment & Recovery. 11 Week Adapted Edition	\$25		\$5	
20.	Informational DVD: The Nurturing Program for Families in Substance Abuse Treatment & Recovery	\$20		\$5	
21.	Alcohol Screening Assessment in Pregnancy: The ASAP Curriculum	\$15		\$5	
22.	Parent Time: Supporting Yourself and Your Child	\$0		\$5	

Total for Items Requested: _____ + **Shipping and Handling*:** _____ = **Total Due \$** _____

*Price listed for First or Single Item plus \$1.50 for each additional Item

If your shipping address is outside of the United States, please add \$3.00 for additional shipping costs.

Please make checks payable to IHR

Send your check and order form to:

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Attention: Product Orders

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