

MINNESOTA RECOVERY SCHOOLS

	Address	Phone	Email/Website	Contact Person(s)	Capacity
<i>Arona Academy of Sobriety High</i>	9237 East River Road Coon Rapids, MN 55443	763-398-4198 763-398-4190 (Fax) 763-234-5806 (cell)	mary.popelka@sobrietyhigh.org aronacademy@sobrietyhigh.org	Mary Popelka	60 students
<i>Cass Lake (Aateshing)</i>	208 Central Ave. NW Cass Lake, MN 56633	218-335-6529 218-335-8826 (Fax, attn.: Mark)	mkuleta@clbs.k12.mn.us	Mark W. Kuleta	10-12 students
<i>Central Freedom Recovery School</i>	110 Fulton Street Mankato, MN 56001-2520	507-387-3047 507-387-7737 (Fax)	Sbyrne1@isd77.mn.us www.isd77.org	Steve Byrne	26 students
<i>City West Academy</i>	6754 Shady Oak Road Eden Prairie, MN 55344	952-843-1283 (ph.) 952-843-1285 (fax)	CWA@district287.org aclucasse@district287.org	Anne Lucasse	40 students
<i>Clay County Recovery School</i>	2215 12 th Ave. S. Moorhead, MN 56560	218-233-0924 (ph.) 218-287-2803 (fax)	jane@yes.k12.mn.us	Jane Bolin	10 students
<i>Lakes Recovery School</i>	702 Lake Ave. Detroit Lakes, MN 56501	(218) 844-5687 (218) 844-6888	blaabs@detlakes.k12.mn.us lweber@detlakes.k12.mn.us	Brad Laabs Lisa Weber	8-12
<i>INSIGHT Program</i>	White Bear Lake ALC 2449 Orchard Lane N. White Bear Lake, MN 55110	651-773-6417 (Traci) 651-773-6414(Beth) 651-773-6401(Julia) 651-773-6402 (Fax)	tgbowe@wbl.whitebear.k12.mn.us basamu@wbl.whitebear.k12.mn.us jajile@wbl.whitebear.k12.mn.us	Traci Bowermaster Beth Samuelson Julia Jilek	15 students
<i>Oak Land ALC Sober School</i>	303 7 th Lane NE Cambridge, MN 55008	763-552-8770 (Mike) 763-689-3344 (Steve) 763-389-5080 (Either Jeff) 763-552-8772 (Fax)	mDESCOMB@cambridge.k12.mn.us jlanson@rumriverhs.org ilundgren@rumriverhs.org	Mike DesCombaz Steve Allen Jeff Larson, LADC Jeff Lundgren, LADC	16-20 students
<i>P.E.A.S.E. Academy</i>	601 13 th Ave. SE Mpls, MN 55414	612-378-1377 612-378-4886 (Fax)	hdinger@peaseacademy.org	Heidi Dinger Mike Durchslag	75 students
<i>Recovery School of Southern Minnesota</i>	1225 South Lincoln Owatonna, MN 56060	507-475-2513	dons@rsmn.com	Donald Schwartz	52 students
<i>Sobriety High Central Office</i>	2233 University Ave.#421 St. Paul, MN 55114	(651)773-8378 651-646-0637 (Fax)	www.sobrietyhigh.org Barbara.wornson@sobrietyhigh.org George.sand@sobrietyhigh.org	Barbara Wornson George Sand (interim)	
<i>Sobriety High East Campus</i>	2055 White Bear Ave. Maplewood, MN 55109	651-748-5256 651-748-5291	Debbie.bolton@sobrietyhigh.org	Debbie Bolton	55 students
<i>Sobriety High South Campus</i>	12156 Nicollet Avenue Burnsville, MN 55337	952-277-0809 952-277-0814 (Fax)	south.campus@sobrietyhigh.org janna.carl@sobrietyhigh.org mary.breitenbucher@sobrietyhigh.org	Mary Breitenbucher, Program Director	60 students
<i>Sobriety High West Campus</i>	5250 W. 73 rd St., Suite A, Edina, MN 55439	952-831-7212 952-831-7138 952-831-7154 (Fax)	west.campus@sobrietyhigh.org judi.hanson@sobrietyhigh.org	Judi Hanson	50 students
<i>Solace Academy</i>	309 Lk. Hazeltine Dr. Chaska, MN 55318	952-368-8878-(Monique) 952-368-8887-(Heather) 952-368-8888 (Fax)	mbourgeois@cseced.org hbantle@cseced.org	Monique Bourgeois Heather Bantle	35 students
<i>StepUP Program Augsburg College</i>	2211 Riverside Ave. Minneapolis, MN 55454	612-330-1405 (Main) 612-330-1166(Patrice) 612-330-1409(Dave) 612-330-1682(Fax)	www.augsburg.edu/stepup salmeri@augsborg.edu hadden@augsborg.edu	Patrice Salmeri Dave Hadden	80 students

Italicized schools are current ARS members.

	Type of School	Enrollment Criteria	General Rules	Lunch	Licensed CD Counselor?
Arona Academy of Sobriety High	Public	Thirty days chemical free or completion of primary treatment. Intake meeting with legal guardian	Commitment to abstinence, honesty, integrity and school success. A respect of yourself and others. Consistent attendance. No violence will be tolerated. No cell phones.	Students bring food . Microwave and fridge available. Open lunch Friday.	License in progress.
Cass Lake (Aateshing)	Part of Cass Lake-Bena School District ALC Program	Completion of treatment, commitment to sobriety, academics and group sessions.	Follow ISD #115 attendance and behavior rules, dress appropriately, no jackets or bags in school, respect for yourself, others and school.	\$2.50/ Lunch or Free and Reduced Lunch available.	Yes
Central Freedom Recovery School	ALC	30 days of proven sobriety. Referral from previous school.	No use, glamorization, mandated daily attendance.	Yes.	Yes.
City West Academy	Part of District 287	Successfully complete a treatment program. Be strongly committed to working their own sobriety. Submit a letter of recommendation from a sponsor or treatment program. Participate in an enrollment interview.	Contact school for more information	Contact school for more information	Yes, through New Connections Treatment Center
Clay County Recovery School	Part of Youth Ed. Service Alternative Program	Contact school for more information	Contact school for more information	Contact school for more information	Contact school for more information
Detroit Lakes ALC Recovery School	Recovery school as part of an alternative education program.	Grades 9-12: successfully completed outpatient/ inpatient program for chemical dependency. Chemical free 20-30 days.	Attendance, Behavior/lifestyle changes and discipline policy.	School lunch program on site.	CD professional and Mental Health professional LICSW
INSIGHT Program	Part of White Bear Lake ALC Program	Thirty (30) days sober, desire to remain drug and alcohol free, desire to continue working on school and recovery goals.	Commitments to honesty, respect others, no unexcused absences, follow recovery plan, and be gainfully working toward attaining credit.	\$2.30/per lunch. Free/reduced lunches available. Closed lunch separate from the rest of the ALC Microwave and fridge available	Yes
Oak Land ALC Sober School	Part of the Oak Land ALC Program	Successful completion of treatment, 20-30 days sober, interview, desire to stay sober	Consistent with Oak Land ALC district rules.	Lunch program, bag lunches provided.	Yes
P.E.A.S.E. Academy	Minnesota Transitions Charter Schools site	Through an interview with student and parent(s), the student must demonstrate an honest commitment to sobriety and a viable support system.	Maintain sobriety, show willingness to draw on others' support when a sober lifestyle is challenging, demonstrate care and respect for others, maintain consistent attendance and academic achievement, follow Sobriety Pledge.	Breakfast and lunch provided with the option of off-campus lunch	Yes
Recovery School of Southern MN	Charter School Pillsbury United Communities	Must have a desire to be a part of a recovery program	No gang colors or hats, respect, must attend at least 3 AA/NA meetings per week, must perform community service.	Contact school for further info	Yes
Sobriety High East , South and West Campus	Charter School	Assessed CD. Successful completion of treatment, submits application with essay, interview, sign behavior contract.	Centered around respect (for self, others, school, AA/NA). Behavior contract and program director, in consultation with faculty, parents(s), and campus board of directors determine consequences.	Microwaves, stove, refrigerator available. Can buy from lunch cart at West Campus. There is also a pizza oven.	Yes, East FT, Licensed Adolescent Psychologist at South., PT LADC @South and West
Solace Academy	Part of Carver-Scott Educational Coop.	Diagnosed CD, successful completion of TX; commitment to sobriety and academics. Interview.	Honesty; demonstrate a commitment to sobriety. Maintain consistent attendance and academic achievement. Based in Restorative Practices.	Closed campus. Lunches are \$2.25/Free and reduced lunches available thru Chaska schools. Refrigerator, microwave, and toaster available.	Yes

	Transportation	Smoking Policy	Diploma	Special Education	12-Step Program Policy
Arona Academy of Sobriety High	Must provide own, can drive own car. Many home districts provide.	More information is available on intake.	Either home school or Sobriety High.	IEPS are monitored by Licensed Special Ed Teacher.	Youth identify & share individual recovery plans with community. Students are accountable to the community. Program encourages outside AA/NA meetings & other identified support systems. Daily support group & recovery class.
Cass Lake (Aateshing)	Must provide own transportation or bus available.	No smoking on school property.	Through Cass Lake-Bena School District or resident School District.	SLD and E/BD services available.	Weekly outside AA/NA meetings, weekly in-house individual counseling & daily morning group.
Central Freedom Recovery School	School bus	None	Yes.	Yes.	Out-patient. Contact school for more information.
City West Academy	Contact school for further info	Contact school for further info	Contact school for further info	Contact school for further info	Contact school for further info
Clay County Recovery School	Contact school for more information	Contact school for more information	Contact school for more information	Contact school for more information	Contact school for more information
Detroit Lakes ALC Recovery School	School bus or student car	No smoking allowed.	Detroit lakes High School. Yes they can receive it from their district.	Limited EBD/LD	AA meetings on campus during school day.
INSIGHT Program	Transportation will be provided to students within the White Bear Lake School District. Out of district students provide their own transportation. Bus can pickup/dropoff students at Maplewood Mall.	No smoking during school hours or on school grounds.	Through White Bear Lake Schools or through arrangement with home school district.	Lead teacher is a special education teacher.	AA/NA meetings and Aftercare encouraged. Students, with the help of the staff, write individual recovery plans to be followed.
Oak Land ALC Sober School	Must provide own transportation.	No smoking.	Though Oak Land ALC	IEPs monitored by on-site special education teacher.	Program encourages AA/NA meetings.
P.E.A.S.E. Academy	Must provide own transportation. Free bus passes provided – on bus line. Free parking.	Tobacco-free building and campus. No smoking with 2 block radius.	Through Minneapolis Public Schools.	Mpls Public Schools maintain due process Student with an IEP can work toward goals at PEASE. School provides small class sizes, opportunities for individualized work, and access to academic tutor.	Outside sobriety support expected. Group and individual meetings with CD counselor required depending on student's sobriety status, daily Peer Support Team meetings, and all-school check-ins two or three times weekly.
Recovery School of Southern Minnesota	Free transportation provided within a 50 mile radius of school	Contact school for further info	Through Recovery School of Southern Minnesota; District 4154-7	Some special education services available	3 NA/AA meetings per week required
Sobriety High East, South and West Campus	East and West Campus are both one block from bus line. Car-pool. South Campus 2 blocks from Burnsville Transit Center	No smoking on premises.	Sobriety High diploma; accredited by North Central Association of Colleges and Schools.	Special education services available.	Must attend at least 1 outside 12 step meeting per week, have sponsor, and actively work program. Staff moderates daily peer-to-peer communication groups.
Solace Academy	Must provide own, free pkg. Some districts will provide.	No smoking during school hours or on school property	Granted thru home school district.	Special Education services available	Two 12-step mtgs/wk Reg. contact w/sponsor Staff facilitated peer support group.

	Success Rates	Academics	Parent Involvement	Other Comments
Arona Academy of Sobriety High	Statistics available.	Accredited high school diploma. Prep for basic standards. Opportunity for post-secondary options.	Active family involvement.	Arona emphasizes the individuals' responsibility and accountability in their personal recovery. Focus on internal focus of control rather than external control. Summer school available. Prom, graduation and other mainstream activities offered.
Cass Lake (Aateshing)	Will send if requested.	Hands-on, experiential Learning focus, Independent study format encompassing all grade and skill levels.	Call to find out info on parent involvement.	This collaboration provides everyday support services to a predominantly Native American student population and their families.
Central Freedom Recovery School	4 graduates each of the past two years.	Regular requirements for graduation including accredited CD and mental health as part of the school day.	Contact school for further information.	Contact school for further information
City West Academy	Contact school for further info	Contact school for further info	Contact school for further information	Contact school for further info
Clay County Recovery School	Contact school for more information	Contact school for more information	Contact school for more information	Contact school for more information
Detroit Lakes ALC Recovery School	Contact school for further info	English, social, math, science, art, and PhyEd (REC).	Parent support groups; monthly celebrations and Care meetings	Have additional seat based on ALC Chemical Dependency Program and ALC Transitions Program (both are for students with chemical issues or in treatment).
INSIGHT Program	Will send upon request.	Credit available in Social Studies, Science, Communications, Math, PE, Health and Art. Basic Skills, PSEO credit, test prep, Vo-tech classes through Dist.916 and classes through Century College also available.	Active parent group meets once per month.	Summer recovery support available. Weight room, recreation room, and environmental program available as well as field trips and extracurricular activities.
Oak Land ALC Sober School	Contact Steve Allen	English, Math, Science, Social Studies, Experiential Learning, and Career Development.	Active participation is encouraged	Close connection with Oak Land ALC, weight room, safe environment, extra-curricular activities.
P.E.A.S.E. Academy	Will send update.	Focus on high school graduation and preparation for post-secondary education. Students can complete core required courses, variety of electives, preparation for basic standards testing if necessary, and achievement of graduation high standards.	Call to find out info on parent involvement.	What students miss in extra-curricular activities of regular school, they gain in being part of a caring, supportive, safe, and goal-oriented community.
Recovery School of Southern Minnesota	Contact school for further info	Core curriculum available, 5 teachers on staff, all credits transferable to post-secondary programs, fully accredited through State of Minnesota	At least one parent meeting per month	After school activities provided with transportation, transportation to NA activities provided as needed, all students take independent living skills class to prepare for sober living after graduation.
Sobriety High East, South and West Campus	+92% attendance, +770% retention, +60% participation by parents and families. For seniors: 95% graduate, +65% matriculate at post-secondary schools.	Full high school curriculum includes four-year core course in English, math, science, and social studies. Phy. Ed., health and six electives offered each year. State academic standards embedded in curriculum. PSAT and state basic skills tests administered on site. Classroom settings of 8-13 students each.	Call to find out info on parent involvement.	Website:www.sobrietyhigh.org Active PTO, parent support groups, and several extra curricular (student council, yearbook, school newspaper, literary magazine, prom, chess club, etc.) Three two-week summer sessions, week-long Camp Sibley.
Solace Academy	Will provide upon request.	English, math, science, social studies, electives. Ind study, grad standards, mentorship, career and post-sec options avail., credit for proof of 12-step mtg attendance	Parents meet every other week during school yr.	Safe and positive environment for students committed to their sobriety. Restorative Practices align w/ 12 steps, emphasizing repairing harm to relationships. Summer school. Full time LADC. Parent support group meets twice a month.

Traci Bowermaster, M.Ed., INSIGHT Program, White Bear Lake ALC—6/26/08

***Please note: Information is subject to change at short notice; please contact individual school for most up-to-date information. ***