

Project Cope's Bio-Psycho-Social Assessment Utilizing Open-ended Questions [OEQs]

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1. What Brings You To Project Cope And How Do You Think We Can Help You?

2. If Mandated, Who Mandated You And What Would They Like To See Come Out Of This Experience?

3. What Do You See As Your Strengths And Limitations?

Substance Abuse History

4. Tell Us About How You First Began Using Alcohol/Other Drugs And The Ways In Which They Have Most Effected Your Life?

Prior Treatment History

5. What Kinds Of Treatment Experiences Have You Had (Please Include Treatment For Substance Use As Well As For Mental Health Issues) Which Were Most Helpful And Which Were Least Helpful?

6. If The Client Has Been On Prescribed Medication, In What Ways To You Think Your Use Of Medication Has Either Helped You Or Not Helped You?

7. What Kinds Of Experiences Have You Had With Self-help Programs Like AA Or NA?

8. Describe Any Periods Of Recovery You Have Had.

9. What Do You Think Was Most Helpful For You In Maintaining Your Recovery?

Which People/Persons Were Most Helpful During Your Recovery?

Education/Employment History

**10. Tell Us About Your
Experiences In School As A
Child?**

11. What Type Of Work Interests You The Most?

12. What Support Do You Think You Might Need To Be Able To Support Yourself Financially?

Family History

**13. Tell Me What It Was Like
Growing Up In Your Family?**

14. How Would You Describe Your Relationship With Your Family Now? (Include Family Of Origin, Current Partner, And Children)

15. What Types Of Traumas Or Upsetting Events Do You Remember Experiencing As A Child Or As An Adult?

**16. If The Client Has Children,
What Do You See As Your
Biggest Challenge In Raising
Your Children?**

17. Which Friends Or Family Members Are Available To You To Support You While You Are In Treatment And During Your Recovery After You Leave This Program?

18. What Types Of Interests Or Hobbies Do You Have? How Do You Like To Spend Your Free Time?

TREATMENT PLANNING

19. What Are The Most Important Issues That You Want To Get Help With While You Are In This Program?