



## Ladder Project

Ladder Project: Building Recovery One Step at a Time is a collaboration between the Institute for Health and Recovery, Inc. (IHR) and High Point Treatment Center, funded by the Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment. The Ladder Project, sited at High Point Treatment Center, works with young adults ages 18–24 who have been civilly committed to High Point's Men's Addiction Treatment Center (MATC) or Women's Addiction Treatment Center (WATC) in the Southeast region of Massachusetts. The project serves young adults from the towns of Braintree, Brockton, Quincy, Weymouth, Randolph, Stoughton, Bridgewater, and Taunton.

The Ladder Project is a positive, strength based substance use treatment approach to working with young adults, their families, and support networks. The project provides assessments to young adults utilizing the Global Appraisal of Individual Needs (GAIN) assessment tool. The treatment models used are Adolescent Community Reinforcement Approach (A-CRA) and Assertive Continuing Care (ACC). Research has proven both of these models to be effective in working with young adults and their families. Treatment is provided by a clinician at home, in the community, or in an outpatient setting—wherever clients prefer. Ladder clinicians begin work with clients during their stay at High Point and continue treatment when they transition back to the community.

Advocates for Human Potential (AHP) are the evaluators of this project.

For more information, please contact Vanna Souksavath, LICSW, Ladder Project Coordinator.