



Massachusetts Adolescent Resources

	description	who is appropriate	how to refer
Outpatient	Weekly individual or group counselling. Covered by most insurances.	All youth, regardless of age. Youth who use experimentally, recreationally; youth affected by substance abuse.	Call Intake line of agency, Or call (617) 661-3991 for a list of BSAS licensed providers in your area.
Recovery Coaches	Addiction and Recovery Management Services (ARMS): Office- and phone-based recovery coaches for youth and parents. Covered by most insurances.	Youth ages 15-26, and their families, who need support around the addiction and recovery process.	Call Lucille Mograss (617) 643-4699 Pager: (617) 726-2000 pager 13845
Adolescent Residential	Adolescent Residential Substance Use Treatment Program: Voluntary group home model. Average length of stay is 90 days. Sliding scale fee.	Youth ages 13-17 who cannot control their use in the community and are willing to go to treatment. Youth must be psychiatrically stable..	Call Central Intake and Care Coordination for statewide access to 3 boys' and 2 girls' programs. (617) 661-3991 Ask for Youth Access
Detox & Stabilization	Short term, staff-secure, inpatient detox and psychiatric stabilization. Covered by most insurances.	Youth ages 13-17 who cannot control their use in the community. Youth who need to detox or become more psychiatrically stable before entering long term residential treatment.	MYR (Motivating Youth Recovery) (508) 860-1244 CASTLE (Clean and Sober Teens Living Empowered) (508) 638-6000
Recovery Home	Voluntary group home model with some independence (school or part-time work in community).	Youth ages 16-19, recently in recovery, who wish to live in a sober recovery home environment.	Cushing House For females, call Karen O'Brien (617) 269-2965 For males, call Red Collins (617) 269-2945
Recovery High	A fully accredited Boston Public School for youth in recovery.	Youth ages 13-21 in recovery, with at least 30 days sober.	Ostiguy High School (Boston) Call Roger Oser (617) 348-6070 North Shore Recovery High Call Michelle Lipinski (978) 922-0078 Springfield Recovery High School Call Michael Ellis (413) 750-2484



Suffolk County Adolescent Resources

	description	who is appropriate	how to refer
Community Based	Suffolk County Adolescent Project (SCAP): Community based engagement and support for youth and their families. No cost. Supported by DPH/BSAS.	Youth ages 12-22 who have struggled or not engaged in traditional substance abuse treatment. Youth who are returning from detox or residential programs and need support with the transition.	Institute for Health and Recovery Call Jennifer Rifkin (SCAP) (617) 661-3991
Intensive Outpatient	Emerging Adult IOP (Intensive Outpatient Program) Groups, activities, case management, and support 3 times per week. Covered by most insurances.	Emerging adults who are struggling to maintain sobriety in outpatient treatment. Young adults who need significant support around substance use. Ages 18-25	Call Lucille Mograss (617) 643-4699
Day Treatment	Structured Outpatient Addictions Program: Groups, activities, case management, and support 3 to 5 times per week. Covered by most insurances.	Youth ages 13-17 (N. Suffolk) or 16-20 (Gavin) who are struggling to maintain sobriety in outpatient treatment, or who need significant support around substance use.	North Suffolk Mental Health Call Kim Hanton (617) 912-7504 Gavin Foundation Call Center for Recovery Services (617) 268-5000