

Training Bibliography

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Conyers, Beverly. (2009). *Everything Changes: Help for Families of Newly Recovering Addicts*. Center City, MN: Hazelden.

Jay, Jeff, & Jerry A. Boriskin. (2007). *At Wit's End: What You Need to Know When a Loved One Is Diagnosed with Addiction and Mental Illness*. Center City, MN: Hazelden.

Sheff, David. (2008). *Beautiful Boy: A Father's Journey Through His Son's Addiction*. New York, NY: Houghton Mifflin.

Sheff, David. (2005, February 6). My Addicted Son. *New York Times Magazine*. Retrieved June 7, 2010 from <http://www.nytimes.com/2005/02/06/magazine/06ADDICT.html>.

Additional Resources

- Brochures: 7 Ways to Protect Your Teen from Alcohol and Other Drugs (from BSAS)
 Alcohol and Other Drugs: Is Your Teen Using? A guide to Substance Use Treatment
 Services for Massachusetts Teens (from BSAS)
 Drug Facts (from ETR Associates)
 Know the Signs of Overdose (from BSAS)
 Youth Central Intake & Care Coordination (from BSAS & IHR)
- Call Center: Massachusetts Substance Abuse Information and Education Helpline
 800-327-5050 or online at www.helpline-online.com